

MWR Events

Dive and Snorkel Trip – If you are a scuba diver and have your certification, you can rent dive gear for \$80. Included are two guided dives. Snorkel gear is provided free of charge. Discovery dive costs \$55. We will depart from quarterdeck at 8 a.m. after everyone has signed out. A short drive to the dock to board the 60-foot motor sailer for the trip to one of several snorkeling and diving spots in the area. The boat has all the conveyance, plenty of shade with lunch included at no charge. Soda and beer is for sale. We expect to be back around 7 p.m. The trips are first come first serve, with a minimum of 20 folks.

-Trip Date: March Sign Up Date: March

Scuba Diving Classes Start — Classes to earn your PADI open water scuba diving certification will begin soon. The cost for the

course including all equipment instruction and four open water dives is \$350. The two-week course consists of classroom and pool sessions on Monday, Wednesday and Friday from 7-10 p.m. with open water on one of the weekend days that week. Specialty course are also available for certified divers. Those interested should contact Scott Ballentine at MWR Cell – 831-027 or drop by the MWR office.

Dorale Beach Swimming Outing – After signing out at the quarterdeck a bus takes you to Dorale Beach for swimming, beach sports, sunbathing or just sitting in the shade. Refreshments are for sale at the site. Hotdogs and hamburgers will be served. There is no charge for the outing.

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Name: Lance Cpl. Ryan J. McIntosh
Unit: J-5 (Civil Military Operations) Administration
Job: Radio Operator
Billet: Interior Design for J-5
Hometown: Portland, Ore.
Age: 21
Favorite Water: Masafi
Favorite food at chow hall: Egg Rolls
Favorite thing to do here: Work at the orphanage teaching them how to wrestle
Recent Accomplishments: Winning Showtime at the Cantina

Name: Lance Cpl. Mike Shrout
Unit: J-6 Communications Detachment
Job: Radio Operator
Billet: Radio watch and providing support for the helicopter squadron
Hometown: Huntsville, Ala.
Age: 21
Favorite Water: Masafi
Favorite food at chow hall: Anything with shrimp in it
Favorite thing to do here: Playing my guitar
Recent Accomplishments: Winning Showtime at the Cantina

Both Lance Cpls. McIntosh and Shrout attended college prior to enlisting in the Marine Corps. Shrout joined following Sept. 11, 2001. When McIntosh joined, it was to make a difference for himself, his family and his country. The two attended recruit training and Marine Combat Training on opposite coasts, but went to the same military occupational specialty school located at Twentynine Palms, Calif. However, it wasn't until being assigned here with CJTF-HOA that they met and decided to test their singing and guitar playing skills at the second installment of Showtime at the Cantina. Both of them say they enjoy their jobs here and to others McIntosh reminds them of a quote by Henry C. Link: "While one person hesitates because he feels inferior, the other is busy making mistakes and becoming superior." Shrout encourages others to "Git 'er dun!!"

Movie Schedule

Tonight: Boiler Room
Tuesday: Mystery Movie
Wednesday: Out of Time
Thursday: Stuck on you
Friday: Fear Dot Com
Saturday: School of Rock
Sunday: Redemption
Movies begin at 7 p.m.

Tournament Schedule

Tonight: Ping Pong
Tuesday: Pool
Wednesday: Bingo
Thursday: Foosball
Friday: Spades
Saturday: Dominoes
Sunday: 2 on 2 Volleyball

Sign up at the cantina at 7 p.m. Tournaments begin at 8 p.m.

Safety Tip

The wearing of music listening devices such as head phones or ear phones are prohibited while driving, walking, or running outdoors aboard Camp Lemonier. The exception to this rule is while using the designated running trail outside the camp. For more information about safety and hazardous material, contact Staff Sgt. Antonio A. Bonilla at 824-4257.